

About Your BK (Below Knee) Compressogrip Limb Shrinker

The Orthotic & Prosthetic Centers

Your new residual limb shrinker will help you manage swelling in your residual lower limb. It is designed to fit snugly and apply pressure to the soft tissues of the stump. The information below – along with the specific guidance from your prosthetist – will tell you how to use your residual limb shrinker.

Follow your health care providers' instructions carefully to use this Compressogrip Style residual limb shrinker safely and effectively; this document is designed to give you general "getting started" instructions. Please take the time to read this information carefully. Always contact your prosthetist if you have any questions.

Please contact us if you have any questions.

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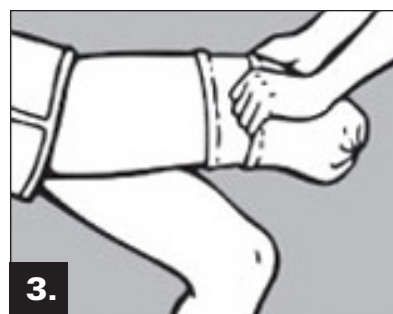
Putting on your Residual Limb Shrinker

1. Pull the first layer of the compression halfway up your leg.
2. Position the ring snugly at the bottom of your residual limb.
3. Fold up and apply the 2nd layer over the first and pull up snugly.



Follow these guidelines when using your residual limb Shrinker:

- Never wear the compression with your prosthesis.
- Keep the compression pulled up high enough so that there is no bunching or looseness of materials on your skin.
- Remove the compression several times a day to check your skin for redness or irritation, then re-apply the compression.
- Gauze pads or dressings can be worn under the compression if your doctor or prosthetist suggests it.
- Your prosthetist should give you 2 compression wraps so that you may wear one and wash one. For washing instructions, please refer to the manufacturers' specifications.



Your recommended break-in wearing schedule is as follows:

- Begin with _____ per day
- Increase wearing time to _____ by the 2nd day
- Increase wearing time an additional _____ each day

Discontinue compression usage if:

- You feel any pain.
- There is more than a little discharge from the suture site.

Your prosthetist should give you 2 residual limb compression wraps so that you may wear one and wash one. Please refer to manufacturers' washing instructions.

Gauze pads or dressing can be worn under the compression if your doctor or prosthetist suggests it.

Follow-up care and emergencies

Follow-up visits with your fitter are vital for your healing – don't skip any scheduled appointments. Always contact your our office with questions or problems. If you have trouble breathing, severe limb pain, high fever, or absence of color in the residual limb, call 911 or your local hospital.

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