

About Your New Transtibial BK (Below Knee) Prosthetic Device With Suction Suspension

The Orthotic & Prosthetic Centers

Please contact us if you
have any questions.

Your new transtibial prosthesis will replace the part of your lower limb that has been amputated. The information below – along with the specific guidance of your physician and prosthetist – will tell you what to expect when using your prosthesis, and how to properly wear, maintain and care for it.

Follow your health care providers' instructions carefully to use this device safely and effectively; this document is designed to give you general “getting started” instructions. Please take the time to read this information carefully. Always contact your prosthetist if you have any questions.

Putting on your Transtibial Prosthesis

1. Turn the silicone or gel liner inside out, and flatten the bottom of the liner by squeezing it with both hands.
2. Place the bottom of the liner against the bottom of your residual limb. Using both hands, unroll the liner all the way up your residual limb. Take care to avoid bunching or wrinkles, particularly behind the knee.
3. If your prosthetist told you that your particular liner has a front and back, be sure that it is positioned properly. The section that is printed (see picture) is the front of the liner. If you think the liner is not centered correctly, take it off and try again.
4. If your prosthetist recommended a stump sock filler, put the sock on now over the liner. Make sure the sock is pulled up tight and is not wrinkled (see picture).
5. Sitting on the edge of a chair, allow your leg to enter the prosthetic socket. With the prosthesis resting on the floor at the back of the heel and with your knee almost completely straight, push or pump your leg in gently as far as possible.
6. Finally, reach down and grab the rubber/silicone thigh sleeve and pull it up your thigh (see picture). This sleeve ensures a good suction seal between your skin and the prosthesis.



Front of Liner



Don stocking over liner



Pull sleeve up to contact with skin
to ensure good suction seal

Braintree

197 Quincy Avenue- Route 53
Braintree, MA 02184
781 794 9991
781 794 1769 / Fax
800 634 0606

North Smithfield

63 Eddie Dowling Highway
North Smithfield, RI 02896
781 794 9991
781 794 1769 / Fax
800 634 0606

Plymouth

124 Long Pond Road, Suite 3
Plymouth, MA 02360
774 773 9739
774 773 9679 / Fax

West Yarmouth

126B MidTech Drive
West Yarmouth, MA 02673
508 775 2570
508 775 7609 / Fax

(More On Reverse Side)



800 634 0606
oandpcenters.com

Taking off the Prosthesis

While seated in a chair, reach down and roll the thigh sleeve down onto the hard socket, which will break the suction seal. Your limb should slide out easily.



IMPORTANT:

If there are adjustment screws visible on your prosthesis, do not adjust them. It is very important to understand that it is never advisable or appropriate to adjust your prosthesis yourself. Also, do not add any padding into your socket. For proper fit, any adjustment to the prosthesis or socket must be done by your prosthetist.

Follow-up care and emergencies

Call our office with any questions or problems. If you have trouble breathing, severe limb pain, high fever, or absence of color in the residual limb, call 911 or your local hospital.

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